

LENT

March 5 to April 12, 2025

NOTES

Stations of the Cross Tuesday evenings prior to 7:00pm Mass.

Youth Sundays: March 9 and March 23

Lenten Family Gathering: Sunday, March 23, 2025 following Mass



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			5	6	7	8
			ASH WEDNESDAY		ST. PERPETUA AND ST. FELICITY	ST. JOHN OF GOD
			MARCH			
9	10	11	12	22	14	15
1st SUNDAY OF LENT						
16	17	18	19	20	21	22
2nd SUNDAY OF LENT	ST. PATRICK	ST. CYRIL OF JERUSALEM	SAINT JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY			

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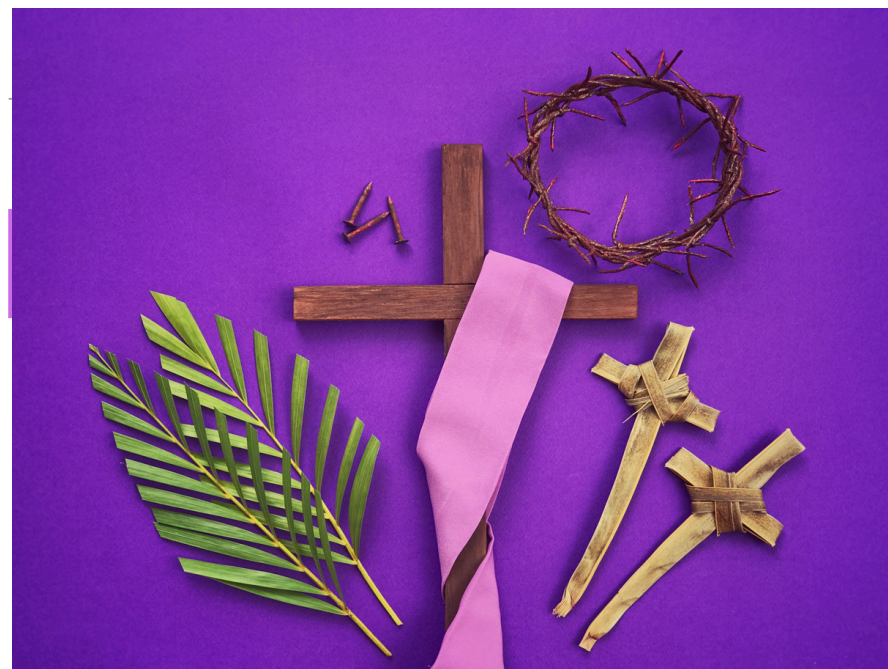
Stations of the Cross Tuesday evenings prior to 7:00pm Mass

Children and Family Lenten Gathering: Sunday, March 23, 2025 following 10am Mass

Youth Sundays: March 23, and April 6

Solidarity Sunday: April 6, 2025 following 10am Mass

Holy Week: Sunday, April 13 to Thursday April 17, 2025. **Triduum** is Friday, April 18-Easter Sunday April 20th!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23 3rd SUNDAY OF LENT	24	25 THE ANNUNCIATION OF THE LORD	26	27	28	29
MARCH 30 4th SUNDAY OF LENT	31	1	2 FRANCIS OF PAOLA	3	4 ST. ISIDORE	5 ST. VINCENT FERRER
6 5th SUNDAY OF LENT	7 ST. JOHN BAPTIST DE LA SALLE	8	9	10	11 ST. STANISLAUS	12

LENTEN FAMILY RESOURCE

WHAT?
THIS YEAR DURING THE SEASON OF LENT, WE ARE ENCOURAGING FAMILIES TO FOCUS ON THE JOURNEY BY MAKING A PRAYER PATH WITH SMALL STONES.

WHEN?
-THIS YEAR LENT BEGINS ON MARCH 5 (ASH WEDNESDAY) AND ENDS APRIL 18 (GOOD FRIDAY).
-WE WILL BE ADDING TO OUR PATH THROUGHOUT THE LENTEN JOURNEY.

WHY?
-DURING LENT, WE ARE CALLED TO MAKE SPACE IN OUR LIVES FOR PRAYING, FASTING AND GIVING. THIS RESOURCE WILL HELP SERVE AS A REGULAR CALL TO PRAYER THAT SUITS THE SPIRITUAL NEEDS OF YOUNG FAMILIES. IT ALSO REQUIRES YOU TO GIVE OF YOUR TIME, WHICH CAN OFTEN BE A MOST PRECIOUS RESOURCE IN THE BUSY SCHEDULE OF FAMILIES. THIS MAY ALSO REQUIRE YOU TO GIVE UP OTHER USES OF YOUR TIME TO MAKE SPACE IN YOUR DAY AND IN YOUR HEARTS.
IT CAN BE SO HARD TO FIND THE TIME AND SPACE BUT THE MORE ROOM WE MAKE FOR GOD IN OUR FAMILY LIFE, THE CLOSER WE ARE ABLE TO DRAW TO THAT INCREDIBLE HEART OF MERCY THAT AWAITS US. THIS IS THE BEAUTY OF LENT!

HOW?
PREPARE:
-COLLECT 40 SMALL STONES/ PEBBLES TO REPRESENT THE DAYS OF LENT AND 6 SLIGHTLY LARGER STONES TO REPRESENT EACH SUNDAY. IF YOU WOULD LIKE TO DECORATE YOUR SUNDAY STONES AS STORY STONES, YOU'LL WANT TO CHOOSE ONES WHICH ARE RELATIVELY FLAT AND LIGHTER COLOURED.
• -IF YOU HAVE A FAMILY MEMBER AGE 4-7 WHO IS COMING TO CHILDREN'S PROGRAM ON SUNDAYS DURING THE 10AM MASS, THEY WILL BE CREATING A STORY STONE EACH WEEK SO YOU CAN USE THESE.
-FIND OR MAKE A SMALL FIGURE TO REPRESENT JESUS' JOURNEY THROUGH HIS MINISTRY AND OUR JOURNEY THROUGH LENT.
-DESIGNATE A SPACE FOR YOUR PATH TO GROW THROUGHOUT LENT. SOME GOOD PLACES MAY BE ON A PRAYER TABLE, ALONG A MANTLE, ON A DISPLAY SHELF, OR ON A LONG WINDOW SILL.

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Looking for a way to pray together as a family this Lent? Check out our Lenten Resource using this hyperlink!

