The light shines in the darkness, and the darkness did not overcome it.

John 1.5

The wound is the place where the Light enters you.

Rumi

Lord God, we inhabit a world that can overwhelm with darkness, grief, and pain. In times of mourning, we cling tight to you, knowing that with you we will not be overcome. Amen.

Verse & Voice from Sojourners
sojo.net

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Annabelle Laurin
Work Study Students

SUNDAY EUCHARIST
10:00 AM & 5:00 PM
The Chapel at Windermere on the Mount

PARISH OFFICE HOURS
Mon - Fri 8:00 AM - 4:30 PM

CONNECT WITH US ONLINE
kings.uwo.ca/campus-ministry
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@kingscampusmin
PASTORAL COUNSELLING: Deacon Jim Panchaud, MSW is open to receiving individuals and couples from our faith community and members of the wider community for Pastoral Counselling. If you would like to set up an appointment to see him, please contact him by phone at 519-963-1477 ext. 4340 or by e-mail at jim.panchaud@kings.uwo.ca. There are no fees for this service.

PARENTS AND BABY GROUP: An opportunity for parents and their babies to create community. We share struggles and triumphs, read stories and sing songs related to the Gospel, and learn from a variety of early year specialists. The group meets every Wednesday in the Parish Hall at 11:00 AM. For more information please contact, Maija Wilson at maija.wilson@kings.uwo.ca.

DEVELOPMENT AND PEACE: The Development and Peace Student Group at Kings University College is revving up for another year. If you are interested in engaging in meaningful conversation about issues of social justice, understanding the role we play in effecting change in the world today, making a difference in people’s lives and building community, please contact Annette at annette.donovanpanchaud@kings.uwo.ca or 519-963-1477. We hope you will join us.

INVITATION TO OPEN CHOIR REHEARSAL: Come and give the choir a try and discover a warm and welcoming community. Join us for an open rehearsal on Wednesday, September 19, 2018 from 7:00 PM to 8:30 PM in the Parish Hall. Light refreshments to be served afterward. Come observe or sing and meet current members of the choir. Contact Janet Loo at 519-433-3491 ext. 4528 or janet.loo@kings.uwo.ca for more information.

ICE CREAM SOCIAL/PARISH POTLUCK: To celebrate the start of a new school year, on Sunday, September 23, our parish will host a social event after each Mass that day. Join us for a time of fellowship and for an opportunity to learn about what is happening at our parish and how to get involved. After the 10:00 AM Mass, we will be serving ice cream. After the 5:00 PM Mass, we will host a potluck dinner (ice cream will be provided for dessert). Please contact Annette Donovan Panchaud at 519.963.1477 or at annette.donovanpanchaud@kings.uwo.ca for more information.

TRACY ROOT ART SHOW: Campus Ministry will be hosting an art exhibit by Tracy Root, entitled: “Transforming Hearts: One artist’s journey through poverty and into the richness of faith” from September 26 to October 9, 2018 in the Vitali Lounge at King’s University College. There will be an opening reception on September 26, 2018 at 7:00 PM with presentations by Sr. Sue Wilson, CSJ on “Poverty in London”, Reverend Denis Grecco on “The Transforming Power of Art” and by Tracy Root (Artist). The event is free and open to the public.
In the coming months, the following couples will be celebrating the Sacrament of Marriage. Please remember them in your prayers, that God strengthen them in faith and love.

Ali Neves and Zack Fitzmaurice (October 6, 2018)
Shay Gavin and Eric Marrinan (October 8, 2018)
Sophia Kacprzak and Samuel Keys (October 13, 2018)

IN MEMORY: Please remember in your prayers, Stuart Wilson, father of Peter and Kerry Wilson and Lisa Watt, professor in the School of Social Work at King’s University College who have died. May Stuart and Lisa know the fullness of life in God’s presence and may those who mourn their deaths find hope in the promise of resurrection.

ANNUAL STUDENT RETREAT: The annual student retreat to The Martyrs’ Shrine takes place September 28 to 30, 2018 (Friday afternoon to Sunday afternoon). The focus of the retreat will be THE CALL TO HOLINESS. $50 covers transportation, food and accommodation. This is a great opportunity to make friends, pray and reflect. For more information please contact Annette at 519-963-1477 or by email at annette.donovanpanchaud@kings.uwo.ca.

FIRST RECONCILIATION AND FIRST EUCHARIST INFO MEETING: All children in grade two and their parents are invited to an information meeting about the Sacraments of Reconciliation and Communion on Sunday, September 30, 2018 at 3:30 PM in the Parish Hall. Preparation classes for Reconciliation will take place on Sunday, October 14, Sunday, October 21, and Sunday, October 28, from 11:30 AM to 1:30 PM in the parish hall.

READING BETWEEN THE LINES: On Wednesdays at 7:00 PM, beginning on October 3, 2018. We gather in the Vitali Student Lounge (with the exception of October 3, 2018 which will be in the Vitali Lounge Extension) to study and reflect on Pope Francis’ 2018 Apostolic Exhortation Gaudete et Exsultate. We will do this in conjunction with the writings of Sister Joan Chittister, OSB. Texts will be provided. To register, please contact Lisa Caeiro at lisa.caeiro@kings.uwo.ca.

LONDON AREA RIGHT TO LIFE is hosting a baby shower for Birthright as part of their 40 Days for Life opening being held at St. George’s Catholic Church Hall, 1164 Commissioners Rd. W. on Saturday, September 22, 2018 at 2:00 PM. Come learn more about Birthright and how to sign up to pray during their 40 Days for Life prayer vigil. Donations to Birthright London and to London Area Right to Life will be gratefully accepted.

SISTERS OF THE PRECIOUS BLOOD OPEN HOUSE: The Sisters of the Precious Blood, London, invite you to a “Come & Go” open house to see the new extension to their Monastery, Aurelia House. You are invited to join the sisters from 12:30 PM until 4:30 PM on either Saturday, September 22 or Sunday, September 23 at the Sisters of the Precious Blood Monastery, 301 Ramsay Road, London. For more information, call 519-473-2499 or email info@pbsisters.on.ca.

VERITAS SERIES FOR FAITH AND CULTURE

Susan Aglukark
Nomad: The Soul of The People of Canada’s Arctic
Thursday, September 20, 2018, 7:30 pm, Kenny Theatre
FREE / ACCESSIBLE

Through songs and stories, Susan will take you on the journey of the Canadian Inuit over the last 1000 years and shed some light on the psychological and cultural impact of that rapid change.

Susan Aglukark is one of Canada’s most unique artists and a leading voice in Canadian music. She blends the Inuktitut and English languages with contemporary pop music arrangements to tell the stories of her people, the Inuit of Arctic Canada. The emotional depth and honesty of her lyrics; her pure, clear voice and themes of hope, spirit and encouragement have captivated and inspired listeners from all walks of life.
### HYMNS FOR THE TWENTY-FOURTH SUNDAY IN ORDINARY TIME (B)

**10:00 AM**
- **Gathering Hymn:** CBW 442
- **Gloria:** Mass of Spirit and Grace
- **Psalm 116:** See below
- **Gospel Acclamation:** Mass of Spirit and Grace
- **Preparation of Gifts:** CBW 516
- **Acclamations:** Mass of Spirit and Grace
- **Communion Hymn:** CS 6.4
- **Concluding Hymn:** CS 6.39

**5:00 PM**
- **Gathering Hymn:** CBW 563
- **Gloria:** Mass of Spirit and Grace
- **Psalm 116:** See below
- **Gospel Acclamation:** Mass of Renewal
- **Preparation of Gifts:** CBW 516
- **Acclamations:** Mass of Spirit and Grace
- **Communion Hymn:** CS 6.4
- **Concluding Hymn:** CS 6.39

### Questions of Posture

**Genuflection and Bowing**

A genuflection is the action of bending down on one knee. This practice bears a long history as a sign of reverence toward the Blessed Sacrament. Historically, the genuflection was offered toward an emperor or persons of high ranking order, and thus was adopted into the church’s liturgy as a sign of great honour and reverence for Christ sacramentally present among us. A genuflection is dependent on the placement of the tabernacle in a church. When the tabernacle is placed within the worship space, we genuflect toward it. In “The Chapel: at Windermere, there is no tabernacle. In this space, a bow toward the altar is what is required. We bow because the altar is a symbol of Christ among us. The Rite of Dedication of an Altar (#4) says it this way: “Because it is at the altar that the memorial of the Lord is celebrated and his body and blood given to the people, the church’s writers see in the altar a sign of Christ himself—hence they affirm: ‘The altar is Christ.’”

**The Eucharistic Prayer**

The common posture for the Eucharistic Prayer in the Diocese of London is to kneel. In our community, where we have two worship spaces, one without kneelers, we have discerned the need to stand. This is the practice that the university community has observed for over 40 years. It creates a sense of unity between our spaces and with the community as a whole. During the institution narrative, often called the consecration, members of the community should bow as the elements of bread and wine are elevated. Rest assured, that if you feel called to kneel during the Eucharistic Prayer, no one will centre you out or ask you to stand.

**Reception of Holy Communion**

The most traditional manner in which to receive Holy Communion is reception in the hand. The practice is attested to in the writing of “The Fathers,” dating back to the first centuries of our Church’s existence (cf. *Mystagogical Catechesis of Cyril of Jerusalem*). Not as traditional but equally noble is the practice of receiving communion on the tongue. Either practice is acceptable. In the Diocese of London, the practice of receiving either in the hand or on the tongue is done standing.

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The place where we gather for worship and mission is situated on the traditional territories of the Anishinaabeg, Haudenosaunee, Lunaapeewak and Attawandaron peoples who have longstanding relationships to the land and region of southwestern Ontario and the City of London.