In our noisy, cluttered world, we need silence. Silence heals, refreshes, energizes, inspires, sharpens, clarifies. It simplifies. It is the medium of truth. And it is the font of the pure single Word that both perfectly communicates it and leads back to it. If we consciously turn off the TV or close the computer, restrain unnecessary speech, avoid our smartphones, look people lovingly in the eye, we are enhancing the same direct work of silence that we return to meeting in our meditation. And we are making the world a more silent and awakened place.

Father Laurence Freeman, OSB
*Sensing God: Learning to Meditate during Lent*
**THIS WEEK AT A GLANCE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sunday, March 24, 2019</strong></td>
<td>10:00 AM</td>
<td>Eucharist (Windermere on the Mount)</td>
</tr>
<tr>
<td></td>
<td>5:00 PM</td>
<td>Eucharist (Windermere on the Mount)</td>
</tr>
<tr>
<td></td>
<td>6:00 PM</td>
<td>Community Meal (Parish Hall) Intention of Mr. Sylvain Patry</td>
</tr>
<tr>
<td><strong>Monday, March 25, 2019</strong></td>
<td>3:00 PM</td>
<td>Rosary (Christ the King Chapel)</td>
</tr>
<tr>
<td></td>
<td>7:00 PM</td>
<td>Prayer with the Songs of Taizé (Christ the King Chapel) Intention of the Ministries to Refugees in the Diocese of London</td>
</tr>
<tr>
<td><strong>Tuesday, March 26, 2019</strong></td>
<td>12:00 PM</td>
<td>Eucharist (Christ the King Chapel)</td>
</tr>
<tr>
<td></td>
<td>1:30 PM</td>
<td>Development &amp; Peace (KC218) Intention of Mrs. Eva Fodeles-Freund</td>
</tr>
<tr>
<td><strong>Wednesday, March 27, 2019</strong></td>
<td>7:00 PM</td>
<td>Reading Between the Lines (Vitali Lounge) Intention of Reverend Arukiadoss Velanganni</td>
</tr>
<tr>
<td><strong>Thursday, March 28, 2019</strong></td>
<td>12:00 PM</td>
<td>Eucharist (Christ the King Chapel)</td>
</tr>
<tr>
<td></td>
<td>7:30 PM</td>
<td>Veritas: Carmiel Frutkoff (Kenny Theatre) Intention of Reverend John Sharp</td>
</tr>
<tr>
<td><strong>Friday, March 29, 2019</strong></td>
<td>12:00 PM</td>
<td>Eucharist (Christ the King Chapel)</td>
</tr>
<tr>
<td><strong>Saturday, March 30, 2019</strong></td>
<td>7:30 PM</td>
<td>KUCCC Concert (Windermere on the Mount) Intention of Reverend Donald Pumputis</td>
</tr>
<tr>
<td><strong>Sunday, March 31, 2019</strong></td>
<td>10:00 AM</td>
<td>Eucharist (Windermere on the Mount)</td>
</tr>
<tr>
<td></td>
<td>11:00 AM</td>
<td>Coffee Social (Parish Hall)</td>
</tr>
<tr>
<td></td>
<td>5:00 PM</td>
<td>Eucharist (Windermere on the Mount)</td>
</tr>
<tr>
<td></td>
<td>6:00 PM</td>
<td>Community Meal (Parish Hall) Intention of Reverend Danny Santos</td>
</tr>
</tbody>
</table>

**COMMUNITY MEALS:** Our community meals following the 5:00 PM liturgy continue for the next two Sundays. We warmly encourage parishioners to contribute to our potlucks, to consider sponsoring a meal ($500) or to join with another family to prepare a meal for those gathered. This offering is tax-deductible. We are in need of volunteers to assist with preparing coffee, setting tables, and preparing the room. If you are able to assist, even if only occasionally, please contact either annette.donovanpanchaud@kings.uwo.ca or stephanie.leith@kings.uwo.ca.

**KING’S CHAMBER CHOIR CONCERT, “INTO THE LIGHT”:** On Saturday, March 30, 2019 at 7:30 PM King’s University College Chamber Choir, joined by chamber orchestra, presents a stirring program that explores the literal and figurative meanings of darkness and light. Repertoire includes the ethereal *Lux Aeterna* by Lauridsen. Admission by freewill donation with proceeds to the Refugee Sponsorship Initiative at King’s. This concert takes place in The Chapel at Windermere on the Mount.

**COFFEE SOCIAL:** Christ the King University Parish will be hosting a gathering on March 31, 2019 with coffee and sweets following the morning Eucharist. We hope that many of you will be able to join us in the Parish Hall.

**STATIONS OF THE CROSS:** All are welcome to take part in Stations of the Cross on Friday, April 12, 2019 at 7:00 PM in The Chapel at Windermere on the Mount. This service will be led by the youth of our parish.
UPCOMING MARRIAGES: Please remember in your prayers the intentions and needs of the following couples preparing to celebrate the Sacrament of Marriage:

Mark Firth and Michelle Flisar on April 27, 2019
Mark Whitley and Katherine Berkelmans on June 29, 2019
Andrew Lang and Brianna Switzer on July 20, 2019
Brian Rome and Nancy Cabral on August 3, 2019
Rodney Lupo and Katrina Beeney on August 24, 2019
Kevin Van Lierop and Michelle Foglton on September 28, 2019
Matthew Bellia and Kirsten Rimeikis on October 12, 2019
John McAlea and Lauren Phillips on October 15, 2019
Jonathan Kingwell and Kathleen McKee on December 28, 2019

SOLIDARITY SUNDAY is on April 7, 2019. This is a day that the Catholic Bishops in Canada recognize as Share Lent Sunday, to recognize the work of Development and Peace in the Global South. Join us in the Parish Hall following the 10:00 AM mass for a solidarity meal of soup and bread so that we might be in solidarity with our sisters and brothers in the Global South who do without. For more information, please contact Annette at 519-963-1477 or annette.donovanpanchaud@kings.uwo.ca.

DAYS OF CONFESSIONS: During Lent, we focus on God’s call to return to Him with all our hearts and, in a special way, have an opportunity to act on our hunger for personal change and spiritual renewal. Throughout the Diocese of London on Wednesday, April 10, 2019, every priest in every parish will be available throughout the day to celebrate the sacrament of penance. Father Baillargeon will be at King’s University College from 9:00 AM to 12:00 noon, from 1:30 PM to 6:00 PM, and from 7:00 PM to 8:00 PM. Father Bechard will be available at Windermere on the Mount on Thursday, April 4, 2019 from 9:00 AM to 11:00 AM for the residents of WOTM.

FLOWER DONATIONS FOR EASTER: If you would like to make a donation toward the purchase of flowers for our Easter celebrations in memory of your loved ones and/or for the needs and intentions of friends and family, please use the designated envelopes that are available at the entrance of the church. You can also see Annette Donovan Panchaud or call Lisa Caeiro in the Parish Office at 519-963-1477. Your name and the name of the individuals you would like to remember will be printed in the Easter worship aid. Thank you for your generosity and support.

VERITAS SERIES FOR FAITH AND CULTURE

Carmiel Frutkoff and Ismat Othman
Conversations with Kids4Peace
THURSDAY, MARCH 28, 2019, 7:30 PM, KENNY THEATRE
FREE / ACCESSIBLE

Kids4Peace brings together young people and adults to build peace in the Middle East and in other parts of the world. They do so, using faith as a bridge and as a point of healing. They will facilitate three workshops with secondary school students from neighbouring school boards during the week. Tonight’s lecture, “My Jerusalem Story” will touch on the core issues of Border, Identity, Faith, Dreams and Aspirations of those who live in this wonderful and complex city. All are welcome.

Carmiel Frutkoff grew up in Jerusalem, and after years of volunteering for Kids4Peace, he joined the team as Program Director for Experience in 2017. A social entrepreneur, Carmiel created and led an initiative called "Pluralusalem", working to make change in Jerusalem on a variety of social issues. Carmiel holds a B.A. in International Relations and Political Science. His parents came as settlers from America in the early 1970’s.
HYMNS FOR THE THIRD SUNDAY OF LENT (C)

10:00 AM

Gathering Hymn: CBW 442  
Kyrie: Missa Simplex (blue card)  
Psalm: CBW 52  
Gospel Acclamation: Missa Simplex  
Meditation: Hosea (G. Norbert)  
Preparation of Gifts: CS 6.22  
Acclamations: Missa Simplex  
Communion Hymn: CBW 608 (Lenten Refrain)  
Concluding Hymn: CBW 443

5:00 PM

Gathering Hymn: Hold Us in Your Mercy  
(R. Cooney)  
Kyrie: Missa Simplex (blue card)  
Psalm: see below  
Gospel Acclamation: Mass of Renewal  
Meditation: Jesus, Heal Us (D. Haas)  
Preparation of Gifts: CS 6.22  
Acclamations: Mass of Spirit and Grace  
Communion Hymn: CBW 602  
Concluding Hymn: CBW 373

THE LORD IS KIND AND MERCIFUL

Psalm 103  
Marty Haugen

7404 S. Mason Ave., Chicago, IL 60638 • www.giamusic.com • 800.442.1358  
OneLicense.net #A-727226

KING’S UNIVERSITY COLLEGE SCHOLARSHIPS AVAILABLE: King’s University College has a number of Awards and Scholarships for students who are entering, or who wish to enter, studies at King’s and are parishioners in the Diocese of London (Bishop Sherlock Award) and/or graduates of a London District Catholic School Board school (Sisters of St. Joseph Scholarship), are from outside our diocese (Cardinal Collins Scholarship), along with other Entrance Awards. For more information, contact Student Financial Services at studentfinance@kings.uwo.ca or 519-433-3491 extension 4319 or visit www.kings.uwo.ca. Applications are due by April 1, 2019.

ST. JOSEPHINE BAKHITA AFRICAN-CARIBBEAN CATHOLIC COMMUNITY invites all Africans, Caribbeans, and anyone who would like to join us for their monthly Masses. The liturgy is celebrated at St. Michael’s Church on the fourth Sunday of every month at 2:30 PM.

ST. MARY CATHOLIC SCHOOL CHOIR AND ORCHESTRA PROGRAM: St. Mary School has begun the application process for entrance to Grade 5 for 2019/2020. Brochures with application forms are available in all LDCSB elementary schools. Please contact your Principal for further details of the application and audition process or call St. Mary School at (519) 675-4423. Applications are due to St. Mary School by May 31, 2019. Application to the program is open to all Grade 4 Students. All applicants must meet the admission requirements of the LDCSB.

The place where we gather for worship and mission is situated on the traditional territories of the Anishinaabe, Haudenosaunee, Lunaapeewak and Attawandaron peoples who have longstanding relationships to the land and region of southwestern Ontario and the City of London.