O Jesus! meek and humble of heart, hear me. From the desire of being esteemed, deliver me, Jesus. From the desire of being loved, deliver me, Jesus. From the desire of being extolled, deliver me, Jesus. From the desire of being honored, deliver me, Jesus. From the desire of being praised, deliver me, Jesus. From the desire of being preferred to others, deliver me, Jesus. From the desire of being consulted, deliver me, Jesus. That others may be loved more than I, Jesus, grant me the grace to desire it. That others may be esteemed more than I, Jesus, grant me the grace to desire it. That, in the opinion of the world, others may increase and I may decrease, Jesus, grant me the grace to desire it. That others may be chosen and I set aside, Jesus, grant me the grace to desire it. That others may be praised and I unnoticed, Jesus, grant me the grace to desire it. That others may be preferred to me in everything, Jesus, grant me the grace to desire it. That others may become holier than I, provided that I may become as holy as I should, Jesus, grant me the grace to desire it.

From the Litany of Humility of Rafael Cardinal Merry del Val (1865-1930)
NYARUGUSU REFUGEE CAMP: Following the 10:00 AM Mass TODAY and over coffee, we will welcome Mr. Washington Bikana who will speak about his experience and share with you a project he is working on to help his brothers and sisters. The majority of the men and women in this camp are Catholics fleeing religious persecution in Congo. More information can be found at: https://www.gofundme.com/f/let039s-help-orphan-and-widow-refugees-in-tanzania.

MUCHO BURRITO: In gratitude for our business related to the fellowship meals following the 5:00 PM mass, Mucho Burrito (at Oxford and Richmond) has offered a 15% discount to any of our parishioners for the month of February. To receive this discount please indicate that you are connected to Christ the King University Parish/King’s Campus Ministry. If you have any questions please contact Annette Donovan Panchaud at annette.donovanpanchaud@kings.uwo.ca.

SAVE THE DATE FOR OUR PARISH LENTEN RETREAT on Sunday, March 1, 2020. Our speaker for the day will be Richard Pommainville, the Executive Director of the Society of Saint Vincent de Paul. Richard has shown his dedication to serving the poor both through his work at the Society of Saint Vincent de Paul and his years volunteering with Development and Peace, Caritas Canada. He will guide our reflection on the relationship between Catholic social teaching, charity, social justice and reflective living. Our Lenten retreat will begin with a simple lunch in the Parish Hall. There is no cost for the day, but your RSVP is requested (so as to plan for food) to lisa.caieiro@kings.uwo.ca. The day will conclude with the 5:00 PM Eucharist in The Chapel at Windermere on the Mount.
We find ourselves in an increasingly secular and siloed culture at a time when we most need to foster understanding, dialogue and mutual purpose. This lecture and panel discussion will explore the use, misuse, and future of religious thought in North America through the lens of the three Abrahamic religions. Panelists include local leaders: Rabbi Catharine Clark, Imam Abd Alfatah Twakkal, and Father Jim Mockler.

Rabbi Dr. Laura Duhan-Kaplan is Director of Inter-Religious Studies and Professor of Jewish Studies at the Vancouver School of Theology. She is also Professor Emerita of Philosophy and Women’s Studies at UNC Charlotte, Rabbi Emerita of Or Shalom Synagogue, and a former Carnegie Foundation U.S. Professor of the Year. Laura’s books include *Family Pictures: A Philosopher Explores the Familiar* (1998), and *The Infinity Inside: Jewish Spiritual Practice Through A Multifaith Lens* (2019).

**THE BIGGER PICTURE** is a film festival taking place on Wednesdays at 7:15 PM in the theatre at Windermere on the Mount. Discussion to follow. Popcorn will be provided. The following are the future movie screenings to come:

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<thead>
<tr>
<th>Movie</th>
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<tr>
<td>Modified</td>
<td>March 4, 2020</td>
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<tr>
<td>More than Honey</td>
<td>March 25, 2020</td>
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<td>Women of the Venezuelan Chaos</td>
<td>March 11, 2020</td>
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<td>Seed the Untold Story</td>
<td>April 1, 2020</td>
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<td>Pope Francis Village</td>
<td>March 18, 2020</td>
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**UPDATE – REFUGEE SPONSORSHIP INITIATIVE**

We have committed to welcoming another family fleeing the conflict in Syria. To date, we have raised nearly $40,100. Thank you for your continued support. Ayham Alshalabi arrived in Canada on December 19, 2019. His sister, her husband and her children are awaiting visas.

Your generosity is, once again, a sign of our collective commitment to embody Christ’s words recorded in Matthew 25:31-46. Donations can be made by contributing through our online portal or through writing a cheque to Christ the King University Parish (MEMO: REFUGEE). Alternatively, you can call the office and speak with one of the team who will assist you in contributing to this project.

**KING’S CHAMBER CHOIR CONCERT, “WITH HEART AND VOICE - A 10TH ANNIVERSARY CELEBRATION”**: On Saturday, March 28, 2020 at 7:30 PM King’s University College Chamber Choir celebrates its 10th anniversary with a special performance that includes some of their past repertoire as well as new repertoire that celebrates the power of music. Admission by freewill donation with proceeds to the Refugee Sponsorship Initiative at King’s. This concert takes place in The Chapel at Windermere on the Mount.
HYMNS FOR THE SEVENTH SUNDAY IN ORDINARY TIME (A)

10:00 AM

Gathering Hymn: CBW 565
Gloria: Mass of Christ the Savior
Psalm: See below
Gospel Acclamation: Mass of Christ the Savior
Meditation: I Give to You a New Commandment (Nardone)
Preparation of Gifts: CBW 599
Acclamations: Mass of Christ the Savior
Communion Hymn: CS 6.1
Concluding Hymn: CBW 625

Seventh Sunday in Ordinary Time
Psalm 103.1-2, 3-4, 8+10, 12-13 (R.8)

Frank Lynch

The Lord is merciful and gracious.

SOLIDARITY SUNDAY is on March 29, 2020. This is a day that the Bishops of Canada recognize as Share Lent Sunday, to recognize the work of Development and Peace in the Global South. Join us in the parish hall following 10:00 AM mass for a solidarity meal of soup and bread so that we might be in solidarity with our sisters and brothers in the global south who do without. For more information please contact Annette at 519-963-1477 or anette.donovanpanchaud@kings.uwo.ca.

DAYS OF CONFESSIONS: During Lent, we focus on God’s call to return to him with all our hearts and, in a special way, have an opportunity to act on our hunger for personal change and spiritual renewal. Throughout the Diocese of London on Wednesday, April 1, 2020 every priest in every parish will be available throughout the day to celebrate the sacrament of penance. Father Michael and Father Baillargeon will be available at Windermere on the Mount from 9:00 AM to 11:30 AM and 1:00 PM to 4:00 PM. Father Baillargeon will be available at Christ the King Chapel at King’s from 6:00 PM to 9:00 PM.

STATIONS OF THE CROSS: All are welcome to attend Stations of the Cross on Friday, April 3, 2020 at 7:00 PM in The Chapel at Windermere on the Mount. This service will be led by the children in our parish. If you wish to get involved, please contact Maija Wilson at maija.wilson@kings.uwo.ca by Sunday, March 22, 2020.

We acknowledge that King’s University College is located on the traditional lands of the Anishinaabek, Haudenosaunee, Lūnaapéewak and Attawandaron peoples, on lands connected with the London Township and Sombra Treaties of 1796 and the Dish with One Spoon Covenant Wampum. This land continues to be home to diverse Indigenous peoples whom we recognize as contemporary stewards of the land and vital contributors of our society.