## THE JOURNEY WITHIN: Pilgrimages of the Heart

## **Christ the King University Parish Lenten Retreat**

Sunday, March 4, 2018 12 noon to 6 pm

Our Lenten Retreat begins with a simple lunch in Vitali Lounge, followed by a time of reflection presented by our speaker, KIM SMOLIK. The day concludes with 5 pm Eucharist in Labatt Hall. The day is appropriate for parishioners from high school students to seniors. A concurrent program will be offered for children in primary grades.



Our speaker, **Kim Smolik**, Ed.D serves as the CEO of Leadership Roundtable, an organization committed to advancing and promoting financial, managerial and leadership best practices in all levels of the Catholic Church. Kim has been a guest speaker and keynote speaker at various Catholic gatherings, including one on the Millennials in the Catholic Church to the Conference of Major Superiors of Men, an organization serving the leadership of Catholic orders and congregations of the more than 17,000 priests and brothers in the United States. In her spare time, Kim can be found walking -- early every morning in her home city of Washington, DC, on a mountain trail on the weekend, and on a few occasions on some ancient pilgrim routes, including the Camino de Santiago across Spain, a pilgrimage through the Holy Land, to Rome, and to the ancient ruins of Machu Picchu, Peru. She is passionate about finding daily spiritual practices that engage the mind, body and spirit.

