

# FOOD RESOURCES

## for Students at King's University College



Food insecurity is an issue faced by many individuals in a community and can absolutely be an issue that students face. We encourage you to reach out to our campus social worker at [Emily.Carrothers@kings.uwo.ca](mailto:Emily.Carrothers@kings.uwo.ca) for support if you are experiencing a lack of food. There are also resources listed below that you can access anytime:

### **LISTINGS OF GROCERY STORES IN LONDON, BY NEIGHBOURHOOD**

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### **WESTERN UNIVERSITY FOOD SUPPORT SERVICES (FOOD BANK)**

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### **CITY OF LONDON FOOD BANK**

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### **FREE MEAL CALENDAR & FOOD BANK LISTS IN LONDON**

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### **ST. PAUL'S SOCIAL SERVICES & DROP-IN LUNCHES**

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### **ST. JOSEPH'S HOSPITALITY CENTRE**

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### **HUNGER RELIEF ACTION COALITION LONDON**

