**Food Resources**

Food insecurity is an issue faced by many individuals in community and can absolutely be an issue that students face. We encourage you to reach out to our campus social worker at [Emily.Carrothers@kings.uwo.ca](mailto:Emily.Carrothers@kings.uwo.ca) for supports if you are experiencing a lack of food. There are also resources listed below that you can access at any time:

**Listings of Grocery Stores in London, by neighbourhood:**

<https://www.yellowpages.ca/search/si/1/Grocery+Stores/London+ON>

**Western University Food Bank:**

<https://westernusc.ca/services/food-support-services/>

**City of London Food Bank:**

<https://www.londonfoodbank.ca>

**Free Meal Calendar and Food Bank Lists in London:**

<https://www.informationlondon.ca/31/meal_calendar_food_bank_list/>

**St. Paul’s Social Services and Drop-in Lunches:**

<https://www.southwesthealthline.ca/displayService.aspx?id=14720>

**St, Joseph’s Hospitality Centre:**

<https://www.southwesthealthline.ca/displayService.aspx?id=14679>

**Hunger Relief Action Coalition London:**

<https://www.informationlondon.ca/services/basic_needs/display/13203/hunger_relief_action_coalition>