

Critical reflection



Tips for course design and delivery

Ways educators can bring awareness of the topic and incorporate development of the skill into post-secondary course design and delivery.

- ✓ **Scaffold a reflective practice** throughout the course to model the ways in which it is an ongoing and organic process, rather than a one-off or occasional skill.
- ✓ **Model reflection** in your teaching by talking about how you have designed the course and why you have done it in this way.
- ✓ **Share your social location** and how it impacts your teaching, learning, and research practices.
- ✓ **Link critical reflection activities to learning objectives** to demonstrate how this skill is not external to the course content learning, but rather an integral part of it.
- ✓ For any critical reflection activities or assignments, **provide templates and/or exemplars** for students to support what may be a new skill for them.
- ✓ In addition to structured reflective assignments and activities, **include opportunities for informal reflection** through class and small-group discussion or by occasionally requesting that students take five minutes to write about what they just learned and how they experienced that learning—not all reflective work can or should be formally assessed. If you are assessing the work, consider who is evaluating it because some elements that are shared could be personal.

