

Words Matter

The Impact of Orientation First Year Experience

- “I understood that I have support and that I am never alone in my academic endeavor”
- “There is a lot of services around to help and strategies to help”
- “Even if I have a lot of workload from my lectures/tutorials, I should take time out of my day to focus on my needs (Wellness check-ins, breaks, and breathers, etc.)”
- “I made most of my friends at King’s there and I still hangout with them”
- “I loved how everyone was in the right spirit and even the soph’s were always seconds away to ask certain questions”
- “Having friends in my class makes me less stressed about work load or something I don’t understand in class because we can just ask each other questions and help each other”
- “I feel a little more comfortable in this new environment now that I have a few new friends who I can spot in a crowd and I don’t feel so alone anymore”
- “Made it easier to adjust, knowing I’m not alone”

Job Shadow Quotes

Student Testimonials:

- “This is a very informative and excellent program... Job shadowing can prevent a long journey into an area we are not interested [in]... this can save months, even years of energy placed in the wrong direction”
 - Anonymous Student
- It made me realize that you don’t have to limit yourself to your degree, there are always other options for you”
 - Daniel Ansari, BMOS Accounting Student
- “While it was not even in my radar before the job shadow, running for the office of a City Councillor is now a possibility for my future career”
 - Steve Shajimon, Social Work Student
- “This activity solidified my career path. It provided me with motivation to keep going, and reassured me that all my hard work thus far is going to be worth it. This activity provided me with valuable insight that I could not receive from a textbook”
 - Keisha Robinson, CYS & Thanatology Student

Partner Testimonials:

- “It was a great opportunity to connect with a student 1:1. It is a form of recruitment that we have not explored before”
 - Gabrielle Giannantonio, Manager, Client and Office Services, Ford Keast LLP
- I think this is a fantastic program and helps to give students a real world look into a career that they are considering”
 - Jason Hatch, Secondary School Teacher with TVDSB
- Thank you, Jenny for how easy you made this whole experience. Your communication and documentation is top notch, and made it so simple to take part in”
 - Employer Host

