

Counselling resources available in Mandarin

1. Community Family Service of Ontario (家和华人家庭辅导中心)

Tel: 416-979-8299 or 1-866-979-8298

Email: info@cfso.care

Website: <https://cfso.care/zh-hant/>

2. Wellness Counselling Centre for Youth Canada (WCCYC) together with Mental Health Mutual-aid Hub Cananda (MHMH)

加拿大联邦政府资助

国语心理热线

专业的团队, 免费的服务

您烦恼忧愁时, 我们倾听
您情绪低落时, 我们陪伴
您焦虑抑郁时, 我们帮助

免费

 **欢迎拨打: 289-800-8818**

服务时间: 周一至周六 (加东时间)
下午: 1:00-4:00; 晚上: 7:00-10:00

其他服务项目:
心理健康互助平台
为弱势群体, 家暴受害者提供一对一免费心理治疗

项目资助方



Government of Canada
Gouvernement du Canada



WeSupport (Mandarin hotline)

(online/wechat appointment)

Tel: 289-800-8818

Monday to Saturday, 1:00 – 4:00 pm; 7:00 – 10:00 pm (Eastern time).

3. Therapist (speaks Mandarin)

- Dr. Elisa Yang
 - Address: Regional Support Associates 633 Colborne Street. Suite 120 London, Ontario, N6B 2V3
 - Phone: 519-433-7238x7118
 - Email: eyang3@yahoo.com
- Dr. Wendy Che-Man Chan (preferred name: Wendy C)
 - Address: 234 Eglinton Avenue East. Suite 504 Toronto, Ontario, M4P 1K5
 - Phone: 416-777-1612

- Email: wendychan@psychologist.ca
- Dr. Ching Kong Cheung (preferred name: Ching Kong)
 - Address: Department of Psychiatry, Hospital for Sick Children 555 University Avenue. Toronto, Ontario, M5G 1X8
 - Phone: 416-813-6564
- Dr. Lih-Yea Guo (preferred name: Lih-Yea)
 - Address: 2 Bloor Street West. Suite 1902 Toronto, Ontario, M4W 3R1
 - Phone: 416-944-2479
 - Email: dr.guo@sympatico.ca
- Dr. Tami Kulbatski (preferred name: Tami)
 - Address: 1018 Finch Avenue West. Suite 218 Toronto, Ontario, M3J 3L5
 - Phone: 416-708-7022
 - Email: drtami@rogers.com
- Dr. Zhu-hui Li (preferred name: Zhu-hui)
 - Address: Zhuhui Li Psychology Professional Corporation 8 Park Road . Suite 2511 Toronto, Ontario, M4W 3S5
 - Phone: 416-786-2118
 - Email: zhuhui81@gmail.com
- Dr. Sarah Yu-Tsu Liu (preferred name: Sarah)
 - Address: EBT3 2 Carlton St.. Suite 1803 Toronto, Ontario, M5B1J3
 - Phone: 416-628-4336
- Dr. Ting Chi Luk (preferred name: Betty)
 - Address: The Downtown Psychology Clinic 65 Queen Street West. Suite 510 Toronto, Ontario, M5H 2M5
 - Phone: 647-508-1111
- Dr. Houyuan Luo (preferred name: Houyuan)
 - Address: Downtown Psychology Clinic 65 Queen Street West. Suite 510 Toronto, Ontario, M5H 2M5
 - Phone: 647-410-7982
 - Email: drhouyuan@gmail.com
- Dr. Fay Ching Fai (preferred name: Fay C. F.)
 - Address: 56 Hillside Avenue W.. Toronto, Ontario, M5P 1E8
 - Phone: 416-487-3701
- Dr. Paul T P Wong (preferred name: Paul T P)
 - Address: The Meaning - Centered Counselling Institute Incorp. 13 Ballyconnor Court. Toronto, Ontario, M2M 4C5
 - Phone: 416-587-4990
 - Email: drpaulwong@gmail.com

4. Good2Talk Mandarin Services

Tel: 1-866-925-5454

Website:

<https://good2talk.ca/ontario/mental-health-support-available-in-mandarin-through-good2talk/>