

## Tips & Tools For Success

(adapted from University of Winnipeg, Adult Learner Services)

### Be an engaged and proactive student

- Attend the Mature Student Transition workshop in July, and the Orientation in September. Take a campus tour. Email [mature.student@kings.uwo.ca](mailto:mature.student@kings.uwo.ca) for more information
- Introduce yourself to each of your professors/instructors.
- Form a study group with other classmates
- Join one of the KUC Student Council Clubs. See [KUCSC Clubs](#) for more information.
- Access the full range of student services, including [accessibility](#), [counselling](#), [learning skills](#), [the STARS Learning Lab](#), [the Write Place](#), and [academic advising](#)
- Participate in [events and workshops](#) with other mature students throughout the course of the academic year

### Communicate and be honest

- Communicate with your professors and fellow classmate about your experiences or unique circumstances
- If you are having some difficulties, express your concerns about your challenges to your professor. Be honest.
- Acknowledge and embrace change. Talk to your family, partner, or others you live with about your time schedules, and your need for support
- Get clarification on assignments/tests early. Make sure you completely understand the logistics of every assignment/essay/test.

### Organize your time and environment

- Use a calendar (paper or electronic) to chart your goals, both short term and long term. Include dates for daily, weekly, and monthly assignments, as well as dates of tests and exams
- Take advantage of 'pockets' of time – before/after lectures, or on the bus – to read material or review notes
- Find a study space that will be conducive to success, whether that means an isolated spot in the library, or a table/booth in the Student Life Centre. You know what kind of space you work best in, so find and use that spot on campus and/or at home. [Book a study room.](#)

### **Stay informed**

- Know all your professors' contact information, availability, and office hours
- Keep each of your course outlines handy
- Be well aware of deadlines, university withdrawal dates, tuition deadlines, and other policies and procedures that may affect you as a student.

### **Be realistic and flexible**

- Set tangible goals and expectations
- Identify the tools you will need to accomplish your set goals
- Assess your resources (time, finances, family, employer, and friend's support)
- Be patient. It may take you a semester or two to get in the groove of things.

### **For students with children**

- Talk to your professor at the start of the term. Ask about back-up plans in case one of your children is sick, and you need to miss a class. Can you bring your child to class if your daycare arrangements fall through?
- Find a kid-friendly location on campus (i.e. [book a study room](#))
- Befriend another student in your class who you can get lecture notes from in the event you need to miss class due to an ill child