

Personal Counselling

All of our services are available by appointment
or without appointment during the following times

Walk In Services Hours

Mondays and Wednesdays

10 a.m.–12 p.m. and 1 p.m.–3 p.m.

Wemple 157

Counsellors are ready to meet you during walk in hours to help with

- **Abuse**
- **Adjusting to change**
- **Anxiety**
- **Depression**
- **Procrastination**
- **Relationship issues**
- **Stress**

Anything else you would like to talk to us about



kings.uwo.ca/student-services