# YOUTH NEWS

CHRIST THE KING UNIVERSITY PARISH

## Lent: 1st Sunday of Lent

Sunday February 18, 2024

#### **Lead Story Headline:**

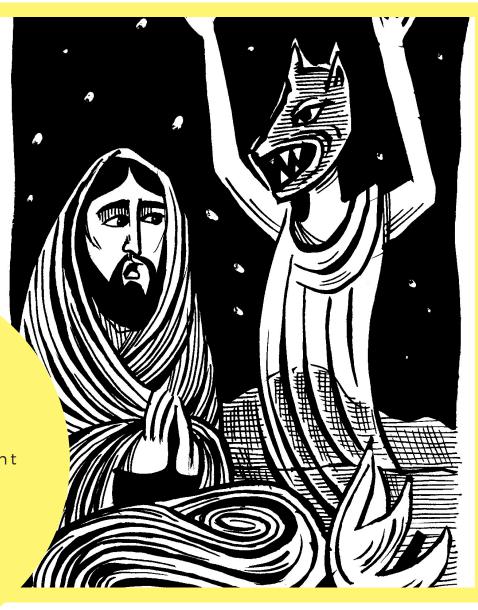
The Time Has Come

"...I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth"

Genesis 9:13

#### In This Issue...

- Mark 1:12-15
- What Do You Think?
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  - By The Way
  - Kingdom Builders:
     Worshipping God



# **Gospel: Mark 1:12-15**

"After his baptism, Jesus was sent by the Holy Spirit into the desert. He stayed there for forty days and was tempted by Satan to do what was wrong. And the angers were with Jesus to help him. When Jesus returned to Galilee, he told everyone the Good News of God: 'The time has come! Change your lives and believe in the Gospel!'"

This is the Good News of the Lord.

Novalis. (1990). Sunday Book of Readings Adapted for Children, Year B. Outremont, Quebec: Novalis.

## Let's Pray:

Lord, I will turn, Turn my face towards you. I will lay before you the desert areas I hide And turn to soak in your refreshing words of life. I will cast aside the barren, selfish pursuits And turn to rest in the tranquil warmth of your love. I will draw back from the harsh pull of media And turn to bathe in the gentle power of your Spirit. Lord, today I turn my face towards you. I will turn To soak in your words of life, To rest in the warmth of your love, And to bathe in the power of your Spirit.

https://www.lords-prayer-words.com/times/meaning\_of\_lent\_prayers.html

### What Do You Think?

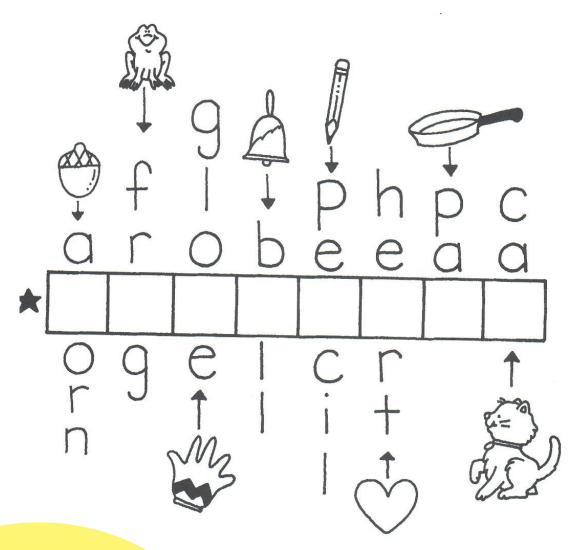
made to you and kept.
2. What do you think Jesus means when he says "the time has come!"?

Cronin, G. (2003). Celebrating the Gospels. Missouri, United States of America: Ligouri Publications.

## **Activity: God's Covenant**

God told Noah that the whole earth would never be flooded again. God put a rainbow in the sky as a sign of that agreement. To find what God called this promise, finish writing the names of the pictures shown. Then start at the star and read across to see what the boxes spell.

Lucey, M. (2007). Catholic Corner Puzzles and Activities, Year B (Ages 7-10). Illinois, United States of America: World Library Publications.



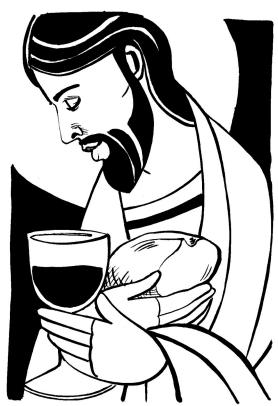
# By The Way:

The Ten Commandments, and the Beatitudes too that were given to us by God, give directions for our life. If we follow them, we will turn out alright!

Glavich, M. (2013). Totally Catholic! Boston, Massachusetts: Pauline Books and Media. "For Christ also
suffered for sins once
for all, the righteous
for the unrighteous, in
order to bring
you to God"
1 Peter 3:18

# Kingdom Builders: Worshipping God

Head to YouTube and check out "Here I Am To Worship" by Tim Hughes. This is a perfect song to outline today's Gospel and remind you about how we are here to worship God as well as the sacrifices Jesus made for us when he died on the cross for our sins. Jesus did this because of how much he and God love us and so we are called to worship God! Like in that song, there are many ways that you can worship God. When Jesus was on the earth, He showed us all the ways that we can worship him. There are so many things that we can do that are both big and small that live out Jesus' word. Did you know that you can live out the Gospel no matter how old you are? You can start doing it right now! Think about all the ways that you show God you are here to worship God. You can even start making a list of all the ways you can do this. Think about all the stories of Jesus and how he lived his life. Now think about how you can follow his example. You can start small by helping out around the house, helping your teachers, being nice to your friends and siblings, praying on your own and listening when you can go to Church. You can also do things like include your siblings or friends in things, talking to those who are lonely, especially in the time of a pandemic. It is important especially now to be sure to care for those who are alone right now. This is what Jesus would have us do and what he does himself in the Bible. Come up with even more ideas and put your list in your room where you can see it and pick something once a week, or every few days that you can do to follow in Jesus' footsteps!



"My God, have mercy on me, for all my hope is in you." Psalm 103