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"...whether you eat or drink, or whatever you do, do everything for the glory of God"
1 Corinthians 10:31
Gospel: Mark 1:40-45

“One day a man who had leprosy came to Jesus because he wanted Jesus to heal him. He knelt in front of Jesus and said, ‘If you want to, you can cure me.’ Jesus felt very sorry for the man and so he reached out and touched him, and said, ‘I do want to cure you. You are cured right now.’ The man was cured of his leprosy immediately. Then Jesus warned the man, saying, ‘Now don’t tell anyone about this. But go and show yourself to the priest as Moses said. And make an offering because you have been cured.’ But instead, the man went away and began to tell everyone what happened. Because of this, Jesus was not able to go into any town without being noticed by everyone. So he stayed outside of towns, but people still kept coming from everywhere to see him.”

This is the Good News of the Lord.


Food For Thought:

The people whose lives we can nurture or harm most easily are family members. Always show love and respect to all of your family and friends.


What Do You Think?

1. Name ten things that you do in one day. How often do you remember to do those things for God? What can help you to remember?

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2. Why do you think Jesus wanted to stay outside of the towns when people would notice him?

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Activity: Number Codes

Paul told the Corinthians something we need to keep in mind for our everyday living. To find out what it was, use the number code provided. Some letters have already been written in. If you need help, read 1 Corinthians 10:31.


"...just as I try to please everyone in everything I do, not seeking my own advantage, but that of many, so that they may be saved. Be imitators of me, as I am of Christ."
1 Corinthians 11:1

By The Way:

Find some magazines or pictures online of people doing different good things for others. Cut them out and glue them into a collage on a piece of paper. Write at the top, "All we do, we do for you, God". Then come up with some things that you can do to serve God in your own life!

Inside Scoop: Ash Wednesday

Ash Wednesday falls on Wednesday February 14 this year and is one of the most loved days on the entire liturgical calendar, marking the beginning of Lent. Coming together to hear the Lord's call to repentance, and to receive the blessed ashes, is part of what makes us Catholic. The use of ashes at the beginning of Lent are used as a sign of repentance and goes back thousands of years, even being mentioned in the Old Testament. Lent is marked by prayer, fasting and almsgiving. It is a time of spiritual renewal for the faithful. This is a time when human sin is out in the open but the promise of redemption is very clear. Lent lasts for forty days beginning on Ash Wednesday and ending on Holy Thursday. These forty days are traditionally compared to Jesus' forty days in the desert. Lent is a time of collaborating with God to create something new and divine. Entering into this period of liturgical time with outward rituals of prayer, fasting and almsgiving, combined with the inner work of prayer, believers will be renewed and arrive at Easter eager to welcome the new life of the Resurrection.


"My God, my God, have mercy on me. For all my hope is in you, my God, all my hope is in you."
Psalm 31