As social workers, and as leaders, we endeavour to advocate for the overall benefit of society, the environment and the global community.
**How did King’s prepare you for your current role?**

We are change agents – this is what we do. And we are natural servant leaders. We are steeped in a Code of Ethics and values of self-determination and intrinsic worth of the persons we serve. Being able to understand group dynamics and lead groups (many courses on this back in the day!) is such a valuable, critical skillset in healthcare leadership – whether you are working with an interdisciplinary team, a group of physicians, the community, or an executive team. With my Social Work degree, I began my career as a front line worker helping individuals and families. As I moved to become a manager and director I was able to leverage my education and experience to help the teams I lead to make a difference, to serve larger groups of people, and to impact the community by implementing city and provincial wide initiatives. Now as a senior leader at Trillium Health Partners in Mississauga and a Regional Vice President of Ontario Health (Cancer Care Ontario) I am afforded the opportunity to work with others to impact and influence change at a larger system level. As leaders in healthcare we are faced with significant challenges every day, and my decision making and leadership are anchored on that first degree of Social Work – that is my true north – and my special sauce. And, it all started at King’s.

**What advice would you give to King’s students?**

Be a lifelong learner - always be curious and be open to new ideas. Understand that we are all works in progress - and as a person and a leader continue to be aware and be willing to grow. And lastly, be present - take in every single moment of your life and your career... it is truly a journey, not a destination.

**Further Degrees /Certifications**

In addition to my BSW degree from King’s University College, I have also obtained MSW and MBA degrees.

Continued education has included programs at Queen’s University School of Business, Harvard School of Public Health and Rotman School of Management (University of Toronto) - Leadership Development Program.