

Volunteer.
It's how you get your foot in the door.

Alumni Profile

Lauren Phillips

BA Hons '17 English Language & Literature

Current Career

Organization: Ronald McDonald House, London

Title: Family Services Coordinator

Career Overview

I started as a volunteer at Ronald McDonald House over 10 years ago. Currently, I am a Family Services Coordinator for Ronald McDonald House. It's something I am passionate about.

How has volunteering helped your academic career?

Students should volunteer! It's how you get your foot in the door. My volunteer experience has helped me become well-rounded, learn to communicate and has helped me network. Volunteering helped me to get into my current role at Ronald McDonald House.

Do you have any advice for current students?

I advise current students to not listen when people say one degree is better than another. Don't be afraid to stand out on campus. Go with what you like to do and take initiative. If you choose to take a fourth or fifth year, that's OK. If you know 3 or 4 years is enough, that's OK too. It's OK to grow out of things.

Tell us about the blue hair.

Every year I fundraise for Make-a-Wish Foundation by dyeing my hair blue. At the end of my fundraiser I shave my head. I've been doing this for several years and love to support this amazing cause.

Further Degrees / Certifications

Applied to Graduate Diploma in Philanthropy and Nonprofit Leadership Carleton University

