

## **Important Information for Students on Long-term internship: Health and Dental Plan Coverage**

Students in long-term internships and co-ops are now eligible for the health and dental plans, as well as myvirtualdoctor, and should be charged those fees in addition to the internship or co-op fee. The only students that are **ineligible** and should not be charged are students completing work terms **outside** of Canada.

It is important to make sure the fees are applied to students' accounts as early as possible so they have time to opt out before the opt out deadline (**September 23 at 11:30pm**) if they choose.

*The following is the detailed message from Student Services at main campus:*

Please note that the opt-out period for PurpleCare - the student health and dental plan is now open. The opt-out period runs until **September 23<sup>rd</sup> at 11:30 pm**. **Please find further details below:**

- Interns who will reside in Canada for their work term, will automatically be charged the health and dental plan fees (including [myvirtualdoctor.ca](https://myvirtualdoctor.ca)). Any intern who wishes to opt out of the health plan, dental plan, or [myvirtualdoctor](https://myvirtualdoctor.ca), must do so by the opt-out deadline of September 23, 2023. In order to opt out of the health plan the intern must provide proof of alternate coverage. However, this is not required to opt out of dental and [myvirtualdoctor](https://myvirtualdoctor.ca). In all cases, the opt-out form must be submitted by the deadline – no exceptions! Please note that your current coverage from Fall/Winter 2022-2023 is in place until August 31, 2023.
- **Opt-Out Dates: July 01 to September 23, 2023, at 11:30 pm. There are NO exceptions to this deadline.**
- Link for opting out of health and dental plan: [USC - PurpleCARE Online Forms | Gallivan \(mystudentplan.ca\)](https://www.usc.edu/usc-student-services/usc-purplecare-online-forms-gallivan)
- Link for opting out of myvirtualdoctor from the home page: <https://www.mystudentplan.ca/purplecare/en/home>
- Have questions/concerns? Contact the Benefits Coordinator at [nina.joyce@westernusc.ca](mailto:nina.joyce@westernusc.ca)

- International students will also continue to be charged UHIP fees over the course of the internship work term with no opting out. This is similar to having basic OHIP coverage.