

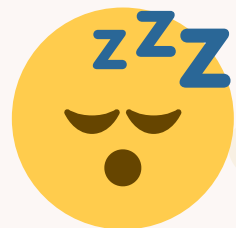


STUDENT MENTAL HEALTH WEEK

MONDAY

Sleep & Self-Care Booth

1 - 3 p.m.
SLC



TUESDAY



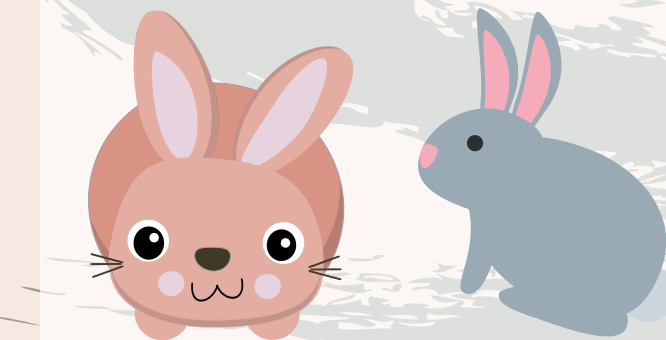
Therapy: Let's Talk About It Panel

2:30 - 4 p.m.
SLC

WEDNESDAY

Animal Therapy

12 - 2 p.m.
SLC



THURSDAY



DIY Mini Herb Garden

1:30 - 4:30 p.m.
SLC



ALL WEEK LONG!

Magnet

Poetry

SLC

Paint Night with your Sophs

7 - 9:30 p.m.
SLC

ONLY 40 Spots
Must pre-register!



RA Movie Night: Inside Out

7 - 10 p.m.
Vitali Lounge



Nia: Holistic Fitness Class



Instructor: Susan Meehan



2:30 p.m.
Kenny Theatre

Wellness Kits

SLC

