

Lab

Drop in Hours: Wednesdays 1:00 – 4:00pm

By Appointment: Tuesdays 1:00 – 6:00pm Thursdays 1:00 – 4:00pm

For an appointment, contact: Accessibility, Counselling, & Student Development, Wemple 151 519-433-3491 ext. 4321

Skills and Technology For Academic **Resiliency and Success**

Meet with a peer learning coach and get strategies, support, and guidance for:

- Time management
- Studying
- Note-taking
- **Classroom presentations**
- And much more

Discover how technology can be used to help you become a more organized and effective student. Find the STARS Learning Lab in Wemple 022



Starting September 24th

Accessibility, Counselling and **Student Development**