September 2023 Meal Program and Food Bank List (edited August 22nd)

Food Bank Location Meal Programs Ark Aid Street Mission Byron Cares Food Bank 696 Dundas Street 420 Boler Road Tuesday's and Friday's from 1:00pm-3:00pm Calvary United Church Patrons can visit once a month, ID required at each visit. 290 Ridout Street South @ Garfield Avenue Chalmers Presbyterian Church **Church of the Ascension** 342 Pond Mills Rd. at Commissioners Rd. E, Wednesdays: 12:30pm-1:30pm 2060 Dundas Street (between Speight & Carlyle) Residents of the area only, appointment required, call 519-681-7242. Starting back up September 6th, 2023 **Dundas Street Centre United Church** Crouch Neighbourhood Resource Centre 482 Dundas Street @ Maitland Street The Crouch Community Food Cupboard Tuesday-Thursday 9am-5pm, Friday 10am-5pm. **Elmwood Presbyterian Church** Food, hygiene and baby items are available. Postal codes served are as follows: N5W 0,1,2,3 and 6; N5Y 3; N5Z 1 and 2; N6A 3 and 5; and N6B 1 and 2. 111 Elmwood Avenue East @ Cathcart Street (West **ELUCO** (Gethsemane Gardens) door) Dew Drop In is coffee, tea and light snack. Appointment required, 519-451-0600 (for area residents only) **First Baptist Church** 568 Richmond Street @ Albert Street Families First CAPC White Oaks (South London Community Centre) **Good News Church** 1119 Jalna Blvd. Monday - Friday: 10am-3pm Families First CAPC Westminster 476 Clarke Road Family Centre Westminster Hyatt Mosque - Muslim Soup Kitchen 690 Osgood Drive, Monday - Friday: 9am-12pm - Call first: 519-649-1248 282 Hamilton Road @ Little Hill Street Glen Cairn Community Resource Centre **EMERGENCY FOOD KITS AVAILABLE** London Youth for Christ - Streetlight Bus 244 Adelaide St S (Between Thompson and Commissioners) 568 Richmond Street @ First Baptist Church Centre Market Open Monday, Tuesday and Thursday 9:30am-2:30pm. Wednesday: 9:00am to 12:00pm. **London Coffee House** Must Provide proper ID (Drivers License, Health card or ODSP/OW paperwork for all that live within the 371 Hamilton Road home. Bread available provided by Holy Trinity St. Stephen's Memorial Anglican Church. Please call 519-668-2745 or ca for more info. My Sister's Place - Women's Only Program **London and Area Food Bank** 566 Dundas Street (between William & Adelaide) *Permitted postal code areas only for each depot* **Rowntree Memorial United Church** 926 Leathorne at Adelaide, 519-659-4045, Mon-Fri: 9am-4pm 156 Elliot Street @ Cheapside Street LUSO Community Services - Emergency Food Support Service 1. LUSO Community Resource Portable – 1100 Victoria Drive Springbank Catholic Family of Parishes Tuesday & Thursday 8:30am-12pm, Wednesday 1:30-4:30 St. John the Divine Parish @ 390 Baseline Road 2. LUSO Main Office - 1193 Oxford St. East. - available by drop-in or call in advance for pickup (519-452-1466) *Each household either access the portable or office location once a month (not both). *Must bring valid ID for all St. Andrew Memorial Church household members and proof of income. 55 Foxbar Road @ Wellington Road Satellite London Food Bank Locations (you may not visit both the main and satellite locations) 1. NE Food Bank Depot @ various locations in NE London (every Wednesday & Friday), clients have to register for an St. Francis - St. Martin Catholic Parish appt to pick-up food (call LUSO 519-452-1466 or email community@lusocentre.org), N5V & N5Y & N5W 46 Cathcart Street @ Duchess Avenue 2. St. George's Anglican Church, 227 Wharncliffe Rd. N, 11:30am-1:30pm (3rd Friday), N6A, N6C, N6H, N6J St. George's Anglican Church 3. NW Food Bank Depot @ Northwest London Resource Centre, 1225 Wonderland Rd. N,10am- 3:30pm (3rd Tuesday), 227 Wharncliffe Road North @ St. Patrick Street 4. Crouch Food Bank Depot, 209 Egerton St., Fridays 1:30-3:30pm, drop-in St. James Westminster Church Northwest London Resource Centre Emergency Food Cupboard 115 Askin Street @ Wortley Road 27A - 1225 Wonderland Rd. N, Open Monday-Friday 10am-3pm (for residents of N6G and N6H). Call 519-471-8444, email info@nwlrc.ca, or visit nwlrc.ca Society of St Vincent de Paul - Food Vouchers St. Joseph's Hospitality Centre 602 Queens (St Joe's Café) Contact the secretary or priest of any Catholic Church to arrange a home visit from a volunteer to discuss your needs. A 9:30am-11am (breakfast) & 12pm-1:30pm (lunch) food voucher may be issued. St. John the Evangelist Anglican Church South London Neighbourhood Resource Centre 280 St. James Street @ Wellington Street Neighbourhood Food Bank - Once a month visits, clients can access this service once a month and must bring a valid piece of ID for everyone in the family. Mobile Food Depot - Wed 1:30-3:30 at St John the Divine (appointment needed call St. Luke's Anglican Church 519-280-3328). Each household can only access one food bank once a month including these locations. 1204 Richmond Street North @ Bernard Avenue Springbank Catholic Family of Parishes St. Michael's Catholic Parish Now serving hot meal, dine-in every Thursday, 5pm-7pm at St. John the Divine Parish @ 390 Baseline Road West 511 Cheapside Street @ Maitland Street St. Paul's Social Services Food Bank Now serving dine-in meals @ St. Paul's Social Services Fellowship Centre at 472 Richmond Street. St. Paul's Anglican Cathedral (Social Services St. Paul's Social Services Food Bank is open Monday to Friday from 9 am to 11:30 am, excepting statutory holidays. Meals Fellowship Centre) are served every Thursday starting at 11:30 am until 12:30 pm in the Fellowship Centre at St. Paul's." Entry off Clarence 472 Richmond Street @ Queens Ave Street during construction. *Baby food available* The Salvation Army London Community and Family Services The Church of St. Jude The Salvation Army is open Monday – Friday – 9am-1pm at the following locations: Effective July 31, 2023, New Hours: 9:00am - 1:00pm 1537 Adelaide Street North @ Fanshawe Park Road Food Bank Visits by Appointment Only At The Following Locations: Trinity United Church Monday: Westminster Park 1190 Southdale Road East, Tuesday: London Citadel 555 Springbank Drive, 76 Doulton Street @ Hale Street Thursday & Friday: Hillcrest Community Church Wesley-Knox United Church 310 Vesta Road (Closed the last Friday of the month) Wednesday: Centre of Hope * *N6B RESIDENTS ONLY *NO APPOINTMENT AT THIS LOCATION ONLY 91 Askin Street @ Teresa Street **Youth Action Centre** To Request An Appointment By Phone: Call 519-660-5884 Ext. 106 332 Richmond Street @ York Street To Request An Appointment Online: londoncfs.ca/programs-services/bnp Booking begins July 24th, 2023, Calls and emails will be returned within 24 business hours. Please do not call locations as they cannot assist you with an appointment. Supporting Organizations Coordinating Meal Please bring ID to every visit. *Note: No food bank on the last Friday of every month. **Programs:**

St. Aidan's Anglican/Riverside, Kirkton, Woodham, Thames Road-Elmville United, Colbourne Street United Church, Trinity Lutheran Church*, St. Michael's Roman Catholic Church, Grace Anglican Church (Ilderton), St. George's Church (Middlesex Centre), Siloam United, Valleyview Mennonite. *The meals provided at St. Michael's Catholic are a collaborative activity of Northern Hospotality which incluces Colborne United, New St. James Presbyterian, St. Michael's Catholic, and Trinity Lutheran churches.

Western University - Food Support Services

Hours: Monday to Friday, 10am-3pm, on Wednesday's open until 5pm

Location: University Community Centre, for students and staff of Western University only.

Hygiene products, diapers, and non-perishable food available. Confidential food hampers can be ordered through

our website. For more information visit our website at: https://westernusc.ca/services/food-support-services/ or email foodsupport@westernusc.ca Western University - PSAC Local 610 Food Bank

For unit 1 and 2 members of PSAC Local 610 only Grocery store vouchers provided to members in need. Application available at www.psac610.ca/benefits-1

Youth Action Centre

332 Richmond St. @ York St., 226-777-0116 ext. 3

Food bank offered on the 15th of the month @ 3pm for youth 16-24yrs