

Who Should I Refer to at King's?

We have many resources available to King's students. It can be tough to know which one is the best one to start with, so we have created a quick reference chart below to assist you. It is important to know that ***every door is the right door at King's***, so if you refer a student to a support and it turns out that another support might be a better fit, we will ensure that students are directed to the right spot in a warm and timely manner.

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| <p>Personal Counselling: Offering individual therapy to students.</p> <p>Here are some issues that might indicate a student could use a referral:</p> <ul style="list-style-type: none"> - Family, friendship and relationships - Procrastination and academic stress - Substance abuse - Trauma and abuse - Self esteem - Grief and loss - Sexual violence - Depression, stress and anxiety - sleep, health, and wellness - identity | <p>Campus Social Worker: Helping students navigate personal and academic issues by assisting them with referrals. Confidential gender-based violence support.</p> <p>Here are some issues that might indicate a student could use a referral:</p> <ul style="list-style-type: none"> - Housing issues - Food insecurity - Financial insecurity - Gender-based and sexual violence - Connecting with medical care - Navigating and accessing community and campus resources - Return to campus after hospitalization |
| <p>Accessibility Counselling: Providing classroom and exam accommodations for students with disability related needs.</p> <p>Here are some issues that might indicate a student could use a referral:</p> <ul style="list-style-type: none"> - Needs an accommodation to prevent, remove or reduce a barrier to participating fully in an educational environment. - New or changed disability related symptoms or functional impairments - Classroom and exam accommodations - Bursary for Students with Disabilities (BSWD) - Alternative to Print - Assistive Technology | <p>Academic Counselling at the Academic Deans Office (ADO): Helping students plan their programs and courses, find degree information, explore possible academic considerations, and resolve academic issues.</p> <p>Here are some issues that might indicate a student could use a referral:</p> <ul style="list-style-type: none"> - Program planning and course selection - Degree information - Missed course work or missed exam(s) - Graduation eligibility - Acute illness (e.g. covid or strep throat) - Bereavement or compassionate considerations - Academic considerations - Add/drop courses - Intent to Register (ITR) |
| <p>Career Counselling: Helping students explore career related concerns: who am I? what do I want? and how do I get there?</p> <p>Here are some issues that might indicate a student could use a referral:</p> <ul style="list-style-type: none"> - Explore and develop career options | <p>Learning Skills Strategist: Helping students develop scholastic skills that address their individual learning concerns.</p> <p>Here are some issues that might indicate a student could use a referral:</p> <ul style="list-style-type: none"> - Time management |

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| <ul style="list-style-type: none"> - Make career decisions and create goals - Overcome obstacles to employment - Consider and plan further education - Learn effective job search strategies - Access inclusive career resources that reflect the diversity of our student population - Learn about your personality, skills, values and interests and connect them to career possibilities. - Get support with accessibility issues impacting your career development. | <ul style="list-style-type: none"> - Study strategies - Information organizational - Exam preparation - Note-taking strategies - Reading comprehension - Memory strategies - Attention and multitasking - DARTS: Developing Academic Resiliency, Tenacity, and Skills Program |
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What if I am not sure?

The Accessibility, Counselling, and Student Development (ACSD) receptionist is a fantastic resource. You can call directly and ask about which referral is best, or you can have students call directly so that they can receive some direction about the supports they need at this time: **519-433-3491 ext. 7800** or come on down to Wemple 151 to speak to ACSD reception directly. Or use this QR code for the ACSD website.



For Academic Counselling at the Academic Deans Office (ADO): call 519-518-2907; email academic.counselling@kings.uwo.ca or use this QR code for ADO website

