Anaphylaxis:
Delaying treatment could be fatal.*

Know what it is.
Anaphylaxis is a severe, life-threatening allergic reaction. It can be triggered by certain types of food (like peanuts and shellfish), insect stings, medicine, latex, exercise and unknown causes.

The following symptoms of anaphylaxis can occur within minutes or several hours after exposure to an allergy trigger:

- **MOUTH**: itching, swelling of the lips and/or tongue
- **SKIN**: itching, hives, redness, swelling
- **LUNG****: shortness of breath, cough, wheeze
- **THROAT****: itching, tightness, closure, hoarseness
- **GUT**: vomiting, diarrhea, cramps
- **HEART****: weak pulse, dizziness, fainting

* The EpiPen® Auto-Injector is not indicated to prevent death associated with anaphylaxis.
† Some symptoms can be life-threatening. ACT FAST!

Know what to do.
Epinephrine, the medicine in the EpiPen® Auto-Injector, is the treatment of choice for severe allergic reactions. If any of the symptoms listed above are exhibited, administer the EpiPen® Auto-Injector immediately.

Blue to the sky. Orange to the thigh.
How to use EpiPen® and EpiPen® Jr Auto-Injectors.

1. Hold firmly with orange tip pointing downward.
2. Remove blue safety cap by pulling straight up. Do not bend or twist.
3. Swing and push orange tip firmly into mid-outer thigh until you hear a 'click'.
4. Hold on thigh for several seconds.

Built-in needle protection
- After injection, the orange cover automatically extends to ensure the needle is never exposed.

After using EpiPen®, you must seek immediate medical attention or go to the emergency room. For the next 48 hours, you must stay close to a healthcare facility or be able to call 911.

For more information or to download a printable version of this poster, go to the consumer site EpiPen.ca.